

AMENDED IN SENATE MARCH 30, 2016

SENATE BILL

No. 1135

Introduced by Senator Monning

February 18, 2016

An act to amend Section 1368.02 of, and to add Section 1367.031 to, the Health and Safety Code, ~~and to add Sections 10133.53 and 10133.662 to the Insurance Code, and to add Section 14450.1 to the Welfare and Institutions Code,~~ relating to health care coverage.

LEGISLATIVE COUNSEL'S DIGEST

SB 1135, as amended, Monning. Health care coverage: notice of timely access to care.

Existing law, the Knox-Keene Health Care Service Plan Act of 1975, provides for the licensure and regulation of health care service plans by the Department of Managed Health Care and makes a willful violation of the act a crime. Existing law also provides for the regulation of health insurers by the Department of Insurance. Existing law requires each department to develop and adopt regulations to ensure that enrollees have access to needed health care services in a timely manner.

Existing law provides for the Medi-Cal program, which is administered by the State Department of Health Care Services, under which qualified low-income individuals receive health care services. The Medi-Cal program is, in part, governed and funded by federal Medicaid program provisions. Existing law requires each prepaid health plan to establish a grievance procedure under which enrollees may submit their grievances.

This bill would require a health care service plan contract or a health insurance policy that is issued, renewed, or amended on or after January 1, 2017, ~~and that provides coverage for hospital, physician, or dental~~

~~services, to require the plan or insurer to provide information to enrollees and insureds regarding the standards for timely access to health care services, including appointment wait times, the availability of triage or screening services by telephone, the availability of interpreter services at the time of an appointment, and information regarding consumer assistance provided by the licensing agencies, as specified. services and other specified health care access information, including information related to receipt of interpreter services in a timely manner; no less than annually, and would make these provisions applicable to Medi-Cal managed care plans. The bill would require a health care service plan, including a Medi-Cal managed care plan, or health insurer to provide an enrollee or an insured with information regarding consumer assistance provided by the licensing agency, as specified.~~ The bill would also require a health care service plan or a health insurer to provide a contracting health care provider with specified information relating to the provision of referrals or health care services in a timely manner.

Because a willful violation of the bill's provisions by a health care service plan would be a crime, the bill would impose a state-mandated local program.

The California Constitution requires the state to reimburse local agencies and school districts for certain costs mandated by the state. Statutory provisions establish procedures for making that reimbursement.

This bill would provide that no reimbursement is required by this act for a specified reason.

Vote: majority. Appropriation: no. Fiscal committee: yes.
State-mandated local program: yes.

The people of the State of California do enact as follows:

- 1 SECTION 1. Section 1367.031 is added to the Health and
- 2 Safety Code, to read:
- 3 1367.031. (a) A health care service plan contract that is issued,
- 4 renewed, or amended on or after January 1, 2017, ~~shall provide~~
- 5 ~~that the health care service plan~~ shall provide information to an
- 6 enrollee regarding the standards for timely access to care adopted
- 7 pursuant to Section 1367.03 and the information required by this
- 8 section, including information related to receipt of interpreter
- 9 services in a timely manner, no less than annually.
- 10 (b) A health care service plan ~~that provides or arranges for~~
- 11 ~~hospital or physician services shall at a minimum provide the~~

1 following information regarding timely access to care to enrollees
2 and contracting providers: at a minimum shall provide information
3 regarding appointment wait times for urgent care, nonurgent
4 primary care, nonurgent specialty care, and telephone screening
5 established pursuant to Section 1367.03 to enrollees and
6 contracting providers. The information shall also include notice
7 of the availability of interpreter services at the time of the
8 appointment pursuant to Section 1367.04. A health care service
9 plan may indicate that exceptions to appointment wait times may
10 apply if the department has found exceptions to be permissible.

11 (1) ~~An urgent care appointment shall be offered to the enrollee~~
12 ~~within 48 hours of a request for an appointment, unless prior~~
13 ~~authorization is required.~~

14 (2) ~~A nonurgent primary care appointment shall be offered to~~
15 ~~the enrollee within 10 business days of a request for an~~
16 ~~appointment.~~

17 (3) ~~A nonurgent appointment with a specialist shall be offered~~
18 ~~to the enrollee within 15 business days of a request for an~~
19 ~~appointment.~~

20 (4) ~~Triage or screening services are available by telephone to~~
21 ~~the enrollee 24 hours per day, 7 days per week, from a designated~~
22 ~~telephone number. A call made to that number shall be returned~~
23 ~~by a qualified health professional within 30 minutes.~~

24 (5) ~~Interpreter services shall be available at the time of the~~
25 ~~appointment, if needed.~~

26 (e) ~~A health care service plan that provides coverage for dental~~
27 ~~services, either directly or through a contract with another entity,~~
28 ~~shall at a minimum provide the following information regarding~~
29 ~~timely access to care to enrollees and providers:~~

30 (1) ~~Urgent care shall be offered to an enrollee within 72 hours~~
31 ~~of a request for an appointment.~~

32 (2) ~~Nonurgent care shall be offered to an enrollee within 36~~
33 ~~days of a request for an appointment.~~

34 (3) ~~Preventive care shall be offered to an enrollee within 40~~
35 ~~days of a request for an appointment.~~

36 (4) ~~Interpreter services shall be available at the time of the~~
37 ~~appointment, if needed.~~

38 (d)

39 (c) The information required to be provided pursuant to this
40 section shall be provided to an enrollee with individual coverage

1 upon initial enrollment and annually thereafter upon renewal, and
2 to enrollees and subscribers with group coverage upon initial
3 enrollment and annually thereafter upon renewal. The information
4 shall be provided in the following manner:

5 (1) In a separate section of the evidence of coverage titled
6 “Timely Access to Care.”

7 (2) In the same manner and place that notice of language
8 assistance programs is provided pursuant to Section 1367.04 and
9 the regulations adopted thereunder.

10 (3) In a separate section of the provider directory published and
11 maintained by the health care service plan pursuant to Section
12 1367.27. The separate section shall be titled “Timely Access to
13 Care.”

14 (4) On the Internet Web site published and maintained by the
15 health care service plan, in a manner that allows enrollees and
16 prospective enrollees to easily locate the information.

17 (e)

18 (d) A health care service plan shall also provide the information
19 required by this section to contracting providers on no less than
20 an annual basis, and shall additionally provide a contracting
21 provider with the following information:

22
23 “If one of your patients is unable to obtain a timely referral,
24 either you or your patient may call the health care service plan or
25 the Department of Managed Health Care Help Center at
26 1-888-HMO-2219 to obtain help.

27 “~~California~~ *California* law requires a health care service plan to
28 provide or arrange for the provision of covered health care services
29 in a timely manner appropriate for the nature of the enrollee’s
30 condition, consistent with good professional practice. If an
31 appointment is delayed or extended, the referring or treating health
32 care professional shall note in the relevant record that a longer
33 waiting time will not have a detrimental effect on the health of the
34 enrollee.

35 “~~It~~ *It* is the obligation of the health care service plan to have
36 sufficient numbers of contracted providers to maintain compliance
37 with timely access to care for enrollees. If a contracting provider
38 is unable to provide care in a timely manner consistent with the
39 requirements for timely access to care, the health care service plan

1 shall have in place policies and procedures to ensure that the
2 enrollee shall receive timely access to care.”

3
4 *(e) This section shall apply to plans with Medi-Cal managed*
5 *care plan contracts with the State Department of Health Care*
6 *Services pursuant to Chapter 7 (commencing with Section 14000)*
7 *and Chapter 8 (commencing with Section 14200) of Part 3 of*
8 *Division 9 of the Welfare and Institutions Code.*

9 SEC. 2. Section 1368.02 of the Health and Safety Code is
10 amended to read:

11 1368.02. (a) The director shall establish and maintain a toll-free
12 telephone number for the purpose of receiving complaints regarding
13 health care service plans regulated by the director.

14 (b) (1) Every health care service plan shall include the
15 department’s toll-free telephone number and Internet Web site
16 address on the card presented by enrollees to providers as proof
17 of coverage. The department’s toll-free telephone number and
18 Internet Web site address shall be displayed immediately below
19 the toll-free telephone number for the health care service plan. The
20 health care service plan may include the following statement on
21 the card:

22 “Please contact us first regarding any complaint. If you wish to
23 complain directly to the government agency that licenses this health
24 plan, please call 1-888-HMO-2219.”

25
26 (2) Every health care service plan shall publish the department’s
27 toll-free telephone number, the department’s TDD line for the
28 hearing and speech impaired, the plan’s telephone number, and
29 the department’s Internet Web site address, on every plan contract,
30 on every evidence of coverage, on copies of plan grievance
31 procedures, on plan complaint forms, and on all written notices to
32 enrollees required under the grievance process of the plan,
33 including any written communications to an enrollee that offer the
34 enrollee the opportunity to participate in the grievance process of
35 the plan and on all written responses to grievances. The
36 department’s telephone number, the department’s TDD line, the
37 plan’s telephone number, and the department’s Internet Web site
38 address shall be displayed by the plan in each of these documents
39 in 12-point boldface type in the following regular type statement:

1 “The California Department of Managed Health Care is
2 responsible for regulating health care service plans. If you have a
3 grievance against your health plan, you should first telephone your
4 health plan at (insert health plan’s telephone number) and use your
5 health plan’s grievance process before contacting the department.
6 Utilizing this grievance procedure does not prohibit any potential
7 legal rights or remedies that may be available to you. If you need
8 help with a grievance involving an emergency, a grievance that
9 has not been satisfactorily resolved by your health plan, or a
10 grievance that has remained unresolved for more than 30 days,
11 you may call the department for assistance. You may also be
12 eligible for an Independent Medical Review (IMR). If you are
13 eligible for IMR, the IMR process will provide an impartial review
14 of medical decisions made by a health plan related to the medical
15 necessity of a proposed service or treatment, coverage decisions
16 for treatments that are experimental or investigational in nature
17 and payment disputes for emergency or urgent medical services.
18 The department also has a toll-free telephone number
19 (1-888-HMO-2219) and a TDD line (1-877-688-9891) for the
20 hearing and speech impaired. The department’s Internet Web site
21 <http://www.hmohelp.ca.gov> has complaint forms, IMR application
22 forms and instructions online.”

23 SEC. 3. Section 10133.53 is added to the Insurance Code, to
24 read:

25 10133.53. (a) A policy of health insurance that is issued,
26 renewed, or amended on or after January 1, 2017, ~~shall provide~~
27 ~~that the insurer shall provide information to an insured regarding~~
28 ~~the standards for timely access to care adopted pursuant to Section~~
29 ~~10133.5 and the information required by this section, including~~
30 ~~information related to receipt of interpreter services in a timely~~
31 ~~manner, no less than annually.~~

32 (b) A health insurer for a policy of health insurance, as defined
33 in subdivision (b) of Section 106, that provides or arranges for
34 hospital or physician services ~~shall at a minimum provide the~~
35 ~~following information regarding timely access to care to insureds~~
36 ~~and contracting providers: at a minimum shall provide information~~
37 ~~regarding appointment wait times for urgent care, nonurgent~~
38 ~~primary care, nonurgent specialty care, and telephone screening~~
39 ~~established pursuant to Section 10133.5 to insureds and~~
40 ~~contracting providers. The information shall also include notice~~

1 of the availability of interpreter services at the time of the
2 appointment pursuant to Section 10133.8. A health insurer for a
3 policy of health insurance may indicate that exceptions to
4 appointment wait times may apply if the department has found
5 exceptions to be permissible.

6 ~~(1) An urgent care appointment shall be offered to the insured~~
7 ~~within 48 hours of a request for an appointment, unless prior~~
8 ~~authorization is required.~~

9 ~~(2) A nonurgent primary care appointment shall be offered to~~
10 ~~the insured within 10 business days of a request for an appointment.~~

11 ~~(3) A nonurgent appointment with a specialist shall be offered~~
12 ~~to the insured within 15 business days of a request for an~~
13 ~~appointment.~~

14 ~~(4) Triage or screening services are available by telephone to~~
15 ~~the insured 24 hours per day, 7 days per week, from a designated~~
16 ~~telephone number. A call made to that number shall be returned~~
17 ~~by a qualified health professional within 30 minutes.~~

18 ~~(5) Interpreter services shall be available at the time of the~~
19 ~~appointment, if needed.~~

20 ~~(c) A policy of health insurance that provides coverage for dental~~
21 ~~services, either directly or through a contract with another entity,~~
22 ~~shall at a minimum provide the following information regarding~~
23 ~~timely access to care to insureds and providers:~~

24 ~~(1) Urgent care shall be offered to the insured within 72 hours~~
25 ~~of a request for an appointment.~~

26 ~~(2) Nonurgent care shall be offered to the insured within 36~~
27 ~~days of a request for an appointment.~~

28 ~~(3) Preventive care shall be offered to the insured within 40~~
29 ~~days of a request for an appointment.~~

30 ~~(4) Interpreter services shall be available at the time of the~~
31 ~~appointment, if needed.~~

32 ~~(d)~~

33 ~~(c)~~ The information required to be provided pursuant to this
34 section shall be provided to an insured with individual coverage
35 upon initial enrollment and annually thereafter upon renewal, and
36 to insureds and group policy holders with group coverage upon
37 initial enrollment and annually thereafter upon renewal. The
38 information shall be provided in the following manner:

39 (1) In a separate section of the evidence of coverage titled
40 “Timely Access to Care.”

(2) In the same manner and place that notice of language assistance programs is provided pursuant to Section 10133.8 and the regulations adopted thereunder.

(3) In a separate section of the provider directory published and maintained by the insurer pursuant to Section 10133.15. The separate section shall be titled “Timely Access to Care.”

(4) On the Internet Web site published and maintained by the insurer, in a manner that allows insureds and prospective insureds to easily locate the information.

(e)

(d) A health insurer shall also provide the information required by this section to contracting providers on no less than an annual basis, and shall additionally provide a contracting provider with the following information:

“If one of your patients is unable to obtain a timely referral, either you or your patient may call the health insurer or the Department of Insurance at 1-800-927-4357 to obtain help.

~~“California~~ *California* law requires a health insurer to provide or arrange for the provision of covered health care services in a timely manner appropriate for the nature of the insured’s condition, consistent with good professional practice. If an appointment is delayed or extended, the referring or treating health care professional shall note in the relevant record that a longer waiting time will not have a detrimental effect on the health of the insured.

~~“It~~ *It* is the obligation of the health insurer to have sufficient numbers of contracted providers to maintain compliance with timely access to care for insureds. If a contracting provider is unable to provide care in a timely manner consistent with the requirements for timely access to care, the health insurer shall have in place policies and procedures to ensure that the insured shall receive timely access to care.”

SEC. 4. Section 10133.662 is added to the Insurance Code, to read:

10133.662. Every health insurer shall include the department’s toll-free telephone number and Internet Web site address on the card presented by insureds to providers as proof of coverage. The department’s toll-free telephone number and Internet Web site address shall be displayed immediately below the toll-free

1 telephone number for the insurer. The insurer may include the
2 following statement on the card:

3
4 “Please contact us first regarding any complaint. If you wish to
5 complain directly to the government agency that licenses this
6 insurer, please call 1-800-927-4357.”

7
8 *SEC. 5. Section 14450.1 is added to the Welfare and Institutions*
9 *Code, to read:*

10 *14450.1. Medi-Cal managed care plans shall include on the*
11 *card presented by enrollees to providers as proof of coverage the*
12 *toll-free telephone number for the department’s Medi-Cal Managed*
13 *Care Office of the Ombudsman. A plan may omit this information*
14 *if it complies with paragraph (1) of subdivision (b) of Section*
15 *1368.02 of the Health and Safety Code.*

16 ~~SEC. 5.~~

17 *SEC. 6.* No reimbursement is required by this act pursuant to
18 Section 6 of Article XIII B of the California Constitution because
19 the only costs that may be incurred by a local agency or school
20 district will be incurred because this act creates a new crime or
21 infraction, eliminates a crime or infraction, or changes the penalty
22 for a crime or infraction, within the meaning of Section 17556 of
23 the Government Code, or changes the definition of a crime within
24 the meaning of Section 6 of Article XIII B of the California
25 Constitution.